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ABSTRACT

This document uses the findings of educational research and actual case studies to provide guidance on enhancing the learning of adults in higher education while reducing program costs in the context of increasing demands for demonstration of student learning outcomes and decreases in college and university resources. The novelty of the book is said to lie not in the principles outlined but rather in its focus on seeing all of the elements of effective facilitation of learning and understanding how they interact and how they can be tried in different settings in the search for improvement in the amount, depth, and complexity of learning. The following are among the specific topics discussed: (1) research-based principles of achieving efficiency in learning; (2) getting clear and staying clear on what to learn and how; (3) using deliberate practice and constructive feedback; (4) balancing challenge and support for learning; (5) broadening the experience base and reflecting actively upon it; (6) using genuine problems to arouse motivation and enhance learning; (7) developing learners' effectiveness as learners; (8) establishing a climate that enhances learning; (9) capitalizing on emerging technologies; and (10) supporting instruction with more efficient administration. Most chapters contain substantial bibliographies. An inventory of the cited cases of efficient practices is appended. (MN)

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